

Join us for a Reading and Discussion of  
**FIERCE CONSCIOUSNESS:**  
Surviving the Sorrows of Earth and Self

with author **Trebbe Johnson**

When grief and anxiety beat us down, the struggle to cope can feel like it's crushing us even more. To meet big challenges we need to develop fierce consciousness. In her new book Trebbe Johnson offers 34 simple practices for not only surviving tough challenges to our personal lives and our ailing planet, but also engaging with them in ways that give new meaning and beauty to daily experience.

**March 26, 2023**

**5:30 - 7:30 pm**

**at Terri Martin's home**

**5604 Pioneer Fork Road (in Emigration Canyon)**

**Salt Lake City, Utah**

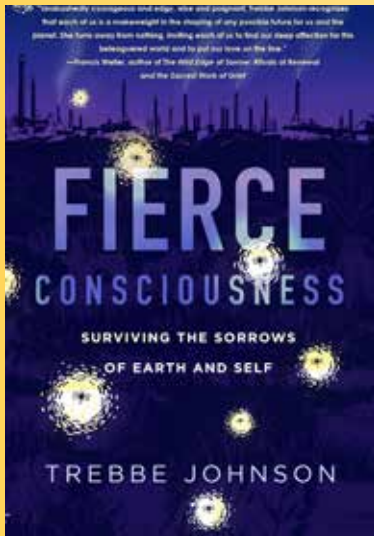


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**Questions? Contact Kinde Nebeker:**

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“Unabashedly courageous and edgy, wise and poignant, Trebbe Johnson recognizes that each of us is a makeweight in the shaping of any possible future for us and the planet. She turns away from nothing, inviting each of us to find our deep affection for this beleaguered world and to put our love on the line.”

– Francis Weller

Author of *The Wild Edge of Sorrow*

Trebbe Johnson is the author of four previous books, including *Radical Joy for Hard Times: Finding Meaning and Making Beauty in Earth's Broken Places*, as well as many articles and essays that explore the human bond with nature. She is the founder and director of the global community *Radical Joy for Hard Times*, devoted to finding and making beauty in hurt places. Since 1993 she has been guiding

wilderness rites of passage journeys in the eastern and western U.S. and in Scotland, Ireland, Germany, the Sahara Desert of southern Algeria, and with military veterans. Trebbe speaks four languages; has camped alone in the Arctic wilderness; and worked as an artist's model, a street sweeper in an English village, and an award-winning multimedia producer. She lives in Ithaca, NY.